



# WAVE MAKER

August, 1982

## SECOND PLACE HAWAII RELAYS !!!!!

DCM moved up to second place overall in this year's Hawaii Postal Relays, with the women finishing first and the men second. This strong finish was very much of a team effort - one third of the team swam. The age-group captains did a great job in recruiting swimmers and making sure all had plenty of opportunity to participate. In particular, Betty Griffin and her Fabulous Forty-Five Pluses fielded two teams in almost every event. Betty was rewarded for her efforts with a patch for her team's victory in the 800 Free relay. Another team, the 55+ women, were so enthusiastic that they managed to swim a relay that was not even a Hawaii Relay event. DCM teams established five new records including two by the 65+ women's team of Gertrude Abraham, Mary Lathram, Nancy Clark, Eileen McAfee. The results follow: (\*= new national record)

	WOMEN				MEN			
	25+	45+	55+	65+	35+	45+	55+	65+
200 Fly	2	2	2		3			
200 Back	4	2,4	1	1	3	3	3	2
200 Breast	3	3,5	2		4		3	3
400 Free	1*	3,4	1	1*	2	3	4	1*
800 Free		1,4	1			2	4	2
400 IM	1	2	2		4			2
500 Loco	3	2,5	1*	1*		4	4	1

## REGIONAL MEET AUGUST 7&8 ANNAPOLIS, MD.

If you are going to the regional meet at the Naval Academy and want to swim on a relay, see the captain for your age group before or during the warm-up on the day of the event in which you want to participate. (Please find your captain as he/she will be too busy to recruit a team.)

- 25+ Jill Hoover
- 35+ Art Smith
- 45+ Betty Griffin
- 55+ and 65+ Nancy Pessel

## NATIONAL SHORTCOURSE CHAMPIONSHIPS

DCM women scored 387 points for 4th place in the Short Course Nationals. Men scored 315 points for 5th place. Combined scores totaled 702 for 4th place. Not bad for a team of 30 swimmers!

TEAM SCORES: Lone Star Masters 1279, Rocky Mountain Masters, 1255, New England Masters 910, DC Masters 702, Olympic Club 590.

PLEASE COME TO A PARTY:

Date: August 21      Time: 6 PM      Place: Art Smiths

Call Mancy Pessel by August 19 to tell her how many you will be bringing and what dish you will bring - meat, vegetable/salad, or dessert. 667-5012

Directions to Art Smith's house: From Maryland: Capital Beltway outer loop to Exit 13 (Great Falls/Langley). Go up ramp & turn right onto Route 193 West (Georgetown Pike). Go 6 miles to first traffic light. This is at the entrance to Great Falls Park. Continue west on Georgetown Pike. From Virginia: If the Beltway is convenient (i.e. from Annandale, Springfield, etc.) take inner loop towards Cabin John Bridge and exit at #13 (Great Falls/Langley). Go up ramp and turn left onto Route 193 (Georgetown Pike) west. Follow directions above. From Arlington, McLean, Alexandria, etc.: Get on Old Dominion Drive west towards McLean. Go thru McLean, cross Dolley Madison (Route 123) and follow Old Dominion Drive west all the way (4 - 5 miles) to traffic light at entrance to Great Falls Park. Turn left (west) onto Route 193 (Georgetown Pike). For everyone: After passing light at the Park, go  $\frac{1}{4}$  mile to first right. Turn right onto Riverbend Road. Go 2 miles to second left (driveways don't count). Turn left onto Arnon Chapel Rd. Go  $\frac{1}{4}$  mile to first right. Turn right onto Chesapeake Drive. We're the 6th house on the right. 337 Chesapeake Dr., Great Falls, Va., 759-2211. Driving time from the beltway is 15 minutes.

Before the party we will have a DC Masters Board Meeting. Members who have been attending are McAfees, Hoover, Gideonse, Smith, Clark, Lemmon, Machado, Chen, Hansen. See one of these people if you have any ideas for the team. If you would like to come, you are welcome - just please show up at the beginning of the meeting. Time: 4:30 PM at Art Smiths.

Purpose: To discuss next year's meet schedule & team events. To discuss possible organizational changes.

Agenda: 1. Meet schedule for November, March, April meets, Hawaii relays, Hour Swim.

2. Reduced attendance at this year's meets.
3. Other possible events - clinics -
4. Possible organizational structure. (Since our team has expanded to 150 members, running meets seems to be requiring more effort, & more is being required as far as regional & national meets are concerned. I think we should consider a more formal structure for our team to involve more people & reduce the burden on a few people. Here are my suggestions for committees. I'm sure you can come up with some more on a better structure.
- A. Social - plan social events, get them in Wavemaker, find someone to organize the food. (3 people spread out geographically)
- B. Wavemaker - supply material, solicit articles.
- C. Liason with PVAASC - team representatives.
- D. Meet Manager - update meet manager guide, advise meet managers, try to come up with easier ways to run meets.
- E. Competition - meet once before each season to plan season's schedule of meets, order of events, check with other teams.
- F. Training - encourage improvement thru clinics, articles, relays.

Other Business: Donation to Swimming Hall of Fame, half-year memberships.  
Jill Hoover, Pres.

ALSO, for the next edition of the Wavemaker we would like to include a column on individual accomplishments during the summer season. If you care to be included in this column, please write down your times, and what these times mean to you (e.g., best time by 5 seconds, best time since college) and any comments you have about your swimming, or a particular race (e.g., Glad to have finished. Will never swim it again!) on a clipboard that Jill Hoover will have at regionals, the Sports Festival and at the next party. Who knows whom you might inspire?

CONGRATULATIONS!

To Mary and Tom Anderson on the birth of their son, Nathan Alexander on June 19. Weight: 7 lb.11 oz. He has not swum breaststroke yet, but is muscular, has already turned over and is beginning to practice his kicking. Mary and Tom are back swimming in their recently completed two-lane pool.

SWIM MEET AT DICKENSON COLLEGE

In the June 12 meet at Carlisle, Pa., Frank Miller placed 1st in the 100 yd. Free, 1st in the 1000 yd. Free, 2nd in the 100 yd. Back and 3rd in the 50 yd. Free. John Connelly placed 1st in the 50 yd. Breast and 2nd in the 50 yd. Free. George Szego was 1st in both the 50 yd. and 100 yd. Breast.

1983 SHORT COURSE NATIONAL CHAMPIONSHIPS PRELIMINARY INFORMATION

The '83 Short Course meet will be held in Ft. Lauderdale Saturday - thru Tuesday, May 28 - 31. This is Memorial Day Weekend. We have reserved a large block of rooms at the Ft. Lauderdale Surf Hotel, which is across the street from the pool. If you think you'll be going and want a room (singles will be about \$33, doubles \$38, we think) call Eileen McAfee at 532-7775. No obligation of course. Next winter we'll ask you to finalize your plans with the usual first nights deposit.

ADDITIONS TO DC MASTERS MEMBERSHIP 1982

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