



# WAVE MAKER

January, 1986

## CALENDAR OF UP-COMING MEETS

To obtain entry forms for out-of-town meets, call Tony Young, H-469-8955 W-785-8150.

January	DC Masters Hour Swim
	* Dave McAfee, 510 E. Broad St., Falls Church, VA 22046 532-7775
Jan. 26	DC Department of Recreation, Wilson Pool
February 23	DC Masters Pentathlon, Burke Racquet Club
	Note date change as a result of the Maryland Masters meet change.
	Announcement is attached to this newsletter.
March 8,9	Maryland Masters Regional Meet, Catonsville MD
March 16	Upper Main Line YMCA
	John Merryman, 325 Abbey Rd., Berwyn, PA 19312
April 4-6	Middle Atlantic Masters, U. of Delaware
May 15-18	Short Course Nationals, Ft. Pierce Florida
May 18-25	Masters Swim Vacation, San Juan, PR
	Exercise Excursions, 47 Spring Rd., Lexington, MA 02173
June	Terrapins 1500
July 11-16	FINA/MSI World Masters, Japan
July	DC Department of Recreation
Aug. 16,17	DC Masters East Coast Regional
Aug. 21-24	Long Course Nationals, Portland, Oregon

## LET'S TRY THE HOUR SWIM THIS YEAR!

In January the DC Masters will conduct the One Hour Swim Championships, a Postal Meet which attracts more than 800 Masters swimmers worldwide. Last year entrants came from all 50 states, Australia, Canada, Great Britain and Germany. Some 118 Masters Clubs were represented by one or more swimmers, New England Masters led with 54 entrants. Amador Valley Athletic Clubs in Pleasanton, California followed with 30 entrants. Calgary Masters, Connecticut Masters, Industry Hills, Jersey Masters each had 25 entrants. And believe it or not Sitka (Alaska) Masters fielded 17 swimmers.

The sad truth is the DC Masters, host team and all that, lost to Sitka. We only had 12 entrants. This is embarrassing. The Hour Swim is one of our bigger money makers, helping to raise funds for Nationals, team parties, etc. The goal is to see how far you can swim in 60 minutes, a time period no greater than that of a good daily workout for most members. We hope that more members will choose to enter the event this year. Call Dave for an entry form TODAY! \* (The editor is embarrassed to say that she hasn't participated recently either, but this sounds like as good a belated New Year's Resolution as any; so good luck to us all.) We will also need at least 12 volunteers to help with the mailing of results and medals on March 24. Call Dave if you are willing to help.

\* After Jan. 23 call Art Smith 759-2211

Don't forget to enter the Pentathlon on February 23. Almost all 50's for you sprinter types.

## SPRINTS

Congratulations to Sandy Brown, Suzanne O'Hara, and Mary Parker on terrific performances in the Marine Corps Marathon on November 3. Sandy finished in 2:50, 4 minutes faster than his previous best two years ago, although he's running fewer miles than he was at that time. He attributes his improved performance and overall conditioning to the intensive swim training he's been doing. Suzanne was the 110th woman finishing in 3:31 in her first marathon (she did "participate" in last year's marathon but was injured and did a fair amount of walking.) This was also Mary's first marathon. She completed it in 4:39.

## 1985 LONG COURSE TOP TEN--DCM

Congratulations to the 29 DC Masters who made Long Course Top Ten!!

25-29 W: Karen Sullivan (bk 200, IM 400)

30-34 W: Jacki Hirsty (fr 50-100\*, fr 200-800, IM 200); Elaine Hochuli (fr 400, 1500, fl 50-200, IM 200-400); Sue Skiff (bk 50-200, fl 50-100, IM 200); Chris Ruppert-Prosch (bk 50-100, fl 50-200)

35-39 W: Betty McCorkle (bk 50), Ann Vollmer Svanson (bk 200)

45-49 W: Joann Leilich (fr 400, br 50-200\*, IM 200)

50-54 W: Jayne Bruner (fr 50-200\*, bk 50\* 100, br 50\*, 200\*, fl 50-100\*, IM 200-400\*), Betty Griffin (fr 800)

65-69 W: Mimi Lee (fl 200, IM 200-400\*)

70-74 W: Nancy Clark (fr 50-1500\*, bk 50-100, fl 50), Mary Lathram (fr 50-100, 400, bk 50, 200)

75-79 W: Rita Shephard (fr 100-800, bk 100-200)

25-29 M: Matt Kanzler (br 50-100 IM 200-400)

30-34 M: Don Edgell (fr 800), Tom Wolf (bk 50, 100-200\*, br 200, IM 200-400\*), Bob Hansen (br 50-100, fl 50-200, IM 200)

35-39 M: Dave Audley (fr 100-400, 1500)

40-44 M: Dave Lyons (fr 100-1500, fl 100-200)

45-49 M: Chuck Bechtel (fr 50-200, bk 50-200), Art Smith (bk 50-200\*, IM 200-400), Dale McGinley (bk 50-200)

~~55-59 M: John Allewa (fr 800\*)~~

65-69 M: Frank Murphy (fr 200-400, 1500)

70-74 M: Kelley Lemmon (fr 50-200\*, 400, fl 50, IM 200\*), Bert Kassell (fr 50, fl 50)

75-79 M: Dave McAfee (fr 50-1500)

\* Number one

If you were inadvertently left out of the list, please call Jill Hoover (522-3027). Thanks to Ann Vollmer Svanson (first time Top-Tenner) for taking the time to compile it.

**"I SWAM FOR MY LIFE AND MADE IT...  
OR WHY CHUCK BECHTEL IS SAFE IN '86"**

**by Bill Newman**

In case any of you have ever doubted the benefit of those early get-ups and endless laps, I would like you to keep reading this short epistle. As most of you know I've been absent from team activities for about eighteen months, driving a large supply ship around the Pacific. Since Uncle Sam doesn't feel pools are necessary on his warships, I maintained swimming strength through hour-long exercise/weight routines each day. Returning to Guam in September for a several month overhaul, I was happily swimming every day. On 24 October, after 3000 meters of typical mind-over-matter intervals, my heart decided to show me who was really boss--and infarcted. Having a mild heart attack is not like being a little pregnant; if you're going to have one, it's the only way to go.

Since the Navy is short of cardiologists on Guam (like none), I was soon enroute to beautiful Hawaii. Unfortunately Tripler Army Medical Center isn't on Waikiki Beach. A catheterization revealed that this non-smoking, in-shape body had some horribly plugged coronary arteries. (I apparently didn't pick my parents properly.) Two of the three main arteries were virtually useless. Fortunately, years of heavy exercise had developed such a large network of collateral blood vessels that the ol' pump performed quite well during daily activities as well as the occasional 100 free. The docs said this exercise-induced collateral flow was probably the reason I didn't have "the Big One". So all that exercise paid off in winning the biggest event of my life...my life.

Anyway, they made me an offer I couldn't refuse--immediate open heart surgery. After muttering a weak "Beat Army" as they rolled me in the O.R. (the surgeon was a West Point grad), I remember nothing of the triple-bypass operation and have total recall. So now I'm a bona fide zipper-chest trying hard not to cough. Being unable to stay indoors or away from this beautiful pool, I talked my doc into some gentle leg work and kicked a mile only eleven days after the operation. (That's probably the only swimming "record" I'll ever be able to claim.) Despite some changes in my future life style, deletion of swimming won't be one of them. In fact, I may even compete in the "men's 45-49 post-coronary" age group...or help coach John Alleva's hamster team.

Taking the advice of a local "shrink", I've also decided to alter my aggressive Type-A personality more toward a placid Type-B. I've decided to be the best one there ever was...and not later than next Monday! I'll even get an old, beat-up Volkswagen (perhaps a John Alleva hand-me-down) with a bumper sticker stating that I am neither for nor against ambivalence. Like if you're going to be a Type-B....GO FOR IT!

John Alleva's quiet cul de sac will soon resound with the Newman family's cacophony as we return to our 9512 Spode Ct. home in early December. If my Bethesda docs are willing, the DC Masters locker room will have some new "jokes du jour" shortly thereafter. So please save me a slot in lane six--I'm just glad to be there!

Warmest regards and keep swimming,  
Bill Newman

## NATIONALS....FIRST CALL

by Dick Cheadle

The 1986 Short Course Nationals will be held May 15-18 in Fort Pierce, Florida. Our team has at least a chance at the National title, but we have to have a total committment on the part of our members to do so.

The team hotel will be the Holiday Inn Oceanfront, just north of Fort Pierce. There are other hotels a little bit closer, but we have chosen this one because 1. My "business associates" in West Palm Beach assure me that this is a very nice establishment where they stay themselves when they have to overnight in Fort Pierce, 2. They have quoted us an excellent rate of \$40 per night per/room (plus tax to a total of \$43.20); (this is an unusual story in itself; fortuneatly Art Smith grabbed a quantity of rooms at this price in September; when I called them back later to discuss things like a team party, etc, the rate had gone to \$45, which is what they were quoting swim teams that were calling in at that time. They realized they had made a committment to us at \$40, and were wondering how they would handle it if other teams questioned them on the difference. I told them "hey, if anybody says anything, tell them D.C. Masters got a better rate than you because they have a better team than you have"...they were still pondering the wisdom of that when I last talked to them, but the rate is \$40 per room, plus tax.; 3. This hotel is right on the beach (which the others are not), and our team party will be a beach party, which has already been set up. Details on that at a later date.

The hotel is in the shape of a long rectangle, four stories high, with the long part facing north and south, and the short parts facing east (toward the ocean) and west (toward the freeway). We have asked for the highest rooms available, but that can't be guaranteed. There are no rooms facing west, and the section facing east is called the "Oceanfront" rooms. These few rooms can't be discounted (they are always sold out), and right now they are selling for \$80+ per night. The rate should come down in mid-April.

I am holding a large block of rooms, probably larger than we will use, but right now there's no way of knowing....what I really need right now is phone calls from people who are going, or who are thinking very strongly about going. This call will reserve a room for you. Let me know if you will be rooming with any other D.C. Masters, or even if you are going, but will be staying elsewhere. That way I can compare my records with those of the people responsible for working out the relays, which could be a nightmare with the new relay rules. All I need now is a phone call; there will be information about making out checks in a later Wavemaker.

In the next Wavemaker Art Smith will address the issue of airline travel....supersavors?.....would it be better to fly to Orlando (2 hours drive) than to West Palm Beach (one hour drive), if the air rates were a lot cheaper?....all options explored.

If you are going to Nationals, or are thinking about going, and if you want to stay with the team, or might make other arrangements, please call me at work (535-5850), or at home (425-1699), so I can implement a team travel log that can be coordinated with the team relay committee.

# BLUE HEN PENTATHLON--U OF DELAWARE

by Jill Hoover

DC Masters Bert Kassell, Larry Cohen, Joann Leilich, Mimi Lee, Mary Lathram, new members, Sue Herrington and Diane Nolly, and I represented the team at the Tenth Annual Blue Hen Pentathlon at the University of Delaware on November 24. This meet was well-run as always by Harry Rawstrom and Art Mayer. They were surprised that participation was up by 50 over last year. The automatic timing, large warm-up facility, cool water, and friendly atmosphere makes it an excellent place to come for a meet. Keep this in mind for April when they host the Middle Atlantic Masters Championships.

Out of our team, we had three pentathlon winners, Joann Leilich, Mimi Lee, and Bert Kassell. Bert was particularly pleased with his backstroke and fly, improvement in which he gives full credit to good 'ol Nautilus Machine #7. Joann and Mimi were in good early season form. Sue Herrington, 39, came in second in the pentathlon in a very competitive 35-39 age group. Such times as a 28.5 50 free, 34.18 50 back, 31.91 50 fly, and 1:12.93 100 IM make her a strong addition to DCM's already strong 35-44 age group. Larry Cohen also swam the pentathlon, facing considerable competition. His best finish was a third in the 50 breast in 38.05. He also turned in a 28.31 50 free.

Several of us chose to swim the 200 events offered. About all I should say about my swimming is that I completed all four 200 events and was fairly satisfied with a 2:40 200 free (actually passed someone on the last 50). Mary Lathram, 70, looked good in winning the 200 back in 4:16 and swimming a 4:05 200 freestyle. Diane Nolly, 37, a workout teammate of Sue Herrington at the Bethesda-Chevy Chase Y, showed good freestyle form with a 31.74 50 and 2:44 200.

## TEAM PORTRAIT--SUE HERRINGTON

From the description of the Delaware meet above, you can see that Sue is a speedy addition to the team. So that the rest of the team has a chance to meet her through the newsletter, she kindly consented to write about her swimming background...

I started competitive swimming at the RIPE OLD AGE of 16!--already "over the hill"!! During high school in the early 60's, I swam for a YMCA in Corpus Christi, Texas. In the winters we worked out at the Y in a 20-yard pool, whereas in the summers we had the luxury of using a 50-meter pool at the local Navy base. We swam in meets all over Texas and as far away as Bartlesville, Oklahoma.

Being a transient "Navy brat", I couldn't decide where to go to college, so when my father was transferred to Newfoundland, I went to the Memorial University of Newfoundland and swam for their team (one of 2 Americans). The bitter cold and my concern for loss of credits in transferring to an American University led me to leave after one year and head for Arizona State University where I had some swimming friends from Texas. I swam and studied!! there for a year before transferring to my final perch--the University of New Mexico and a degree in pharmacy. I swam for their team and we had joint meets with ASU.

By the late 60's and early '70s I was married with two children. The only swimming I did was to putter around in a 30-foot pool at home in Massachusetts. We moved to the D.C. area in 1980. I joined BCC-YMCA and started lap swimming. This August I joined their Masters Workout and have been in several meets and look forward to more.

Welcome to DC Masters, Sue, and all of your BCC-YMCA teammates!!

## TERRAPIN 1650 MEET

DC Masters were prevalent and successful at the Terrapin Masters 1650 meet held at the University of Maryland on December 1. Being the Sunday following Thanksgiving, carbohydrate loading was not difficult. The meet provided automatic timing, and a problem with the heating system meant that getting overheated during the race was definitely NO PROBLEM.

First time 1650 swimmers will get top billing this time. Lorraine Murphy made her first attempt at age 67. Not only did she finish, but she swam it 5 minutes faster than she thought she could. Marge Wilson and Cindy Faith, both new swimmers from the BCC-YMCA, also swam very well. Marge in her first meet ever completed the event in 27:36 and looked very strong and smooth throughout the race, and Cindy swam a 25:26. She enjoyed the race so much that she looks forward to next year's and thought it was even worth a 9 PM ending to her Saturday night date.

Several swimmers offered comments after their race. John Flanagan was pleased with his 18:13. Dave Lyons won his age group with a 19:55 but said that he did not go out hard enough. Sandy Brown was happy with a 20:29, although he had been hoping to go under 20 minutes but maybe that was some dilusion of grandeur. Kelley Lemmon, 26:18, was proud that he did half flip turns and also that his splits were exactly the same for each half. It was the first 1650 he didn't hate and was happy to have had no hallucinations. Mimi Lee's 1650 felt good although cold. It was almost a minute faster than last year maybe because she pushed on the turns. Ray Chen was also a minute faster than last year. It was the first time he was able to flip all turns. Betty Griffin, consistenly improving as always, swam her best time to 28:48, 29 seconds better than her previous best. Martha Witebsky at 29:18 was hoping to have done a bit better. Elaine Hochuli at 20:04 declared that she would have to improve. Art Smith was pleased with his 21:35, especially considering that he has been working out less than in previous years.

Many other DC Masters also competed although I missed a few times--Joann Leilich (24:59), Nancy Kirkendall (23:46), Robert Parke (25:19), Dale McGinley (23:48), Charles Moyer (29:18), Dave McAfee (29:04), Frank Miller, Jim Myerberg (21:51), Denise Wood (20:56), Roger Golden (21:08), Ann Svanson (23:08), Tom Dewey and Frank Murphy.

Congratulations to all for braving the cold and distance!

## HAPPY BIRTHDAY, DC MASTERS

Hope the following members have wonderful birthday celebrations in January and early February.

Barry Bluefeld, 38	Ken Flynn, 56	Nancy Kirkendall, 43
Joann Leilich, 47	John Locke, 34	Dave Lyons, 43
Dolly McClary, 37	Karen-Marie Schrieber, 24	Sue Schaffer, 38
Rita Shephard, 77	Don Walter, the BIG 50	Bill Woodward, 64
Eileen McAfee, 73	Al Bove, 62	Robert Dalton, 54
Charles Moyer, 56	Jim St. Pierre, 26	

## 1984 ALL AMERICAN DC MASTERS

Congratulations to all DC Masters who were All Americans in 1984. This list was just published in SWIM MASTER. DC Masters who attained this honor are Jacki Hirsty, Chris Ruppert Prosch, Joann Leilich (2 age groups), Jayne Bruner (2 age groups), Nancy Clark, Rita Shephard, Tom Wolf, Matt Kanzler, George Worthington, Chuck Bechtel, Ed Ems, and Kelley Lemmon.

ALL IN A DAY'S BAY by Diddo Clark

They said it couldn't be done! But there is a lazy tide on the half moon. Then, it is not difficult to swim the one and a quarter miles from Alcatraz to San Francisco. So, why not laps? I could see John Flanagan saying, "O.K., four Alcatrazes on the one-thirty."

I had swum Alcatraz round-trips. But the 57 degree water chilled my desire for more. The solution, I thought, was one-way repeats.

The best tide would be September 7. I lined up pilots and escort boats. Then I heard about a shark fishing contest scheduled for the same day. Fishermen were going to dump blood and fish guts overboard to attract sharks. Alarmed, I called the Steinhardt Aquarium. Their shark expert said not to worry; the contest was west, north, and east of Alcatraz - not near the Rock - and the sharks were small, bottom-dwellers.

Fortunately, sharks had slipped my mind when I slid into the water off Alcatraz at 7 a.m. September 7. Alcatraz is forbidding enough. Close by, it's dark rock rising vertically out of dark bay. In a few places, there are boulders at the edge playing peek-a-boo with the waves. I swam, head up, toward a cluster of boulders. When I had a hand on a rock, I yelled to my boat, "O.K.?"

My pilot answered, "O.K.!" He started his stop-watch and I swam toward San Francisco.

Fifty seven degree water is a shock to the system but I had acclimated by training in these waters every day so I was comfortable after a few minutes.

What troubled me was that we had started from the wrong end of Alcatraz. We should have started from the seaward side so the incoming tide would sweep me diagonally toward the South End Rowing Club in San Francisco. We forgot. I had landed on the side of Alcatraz away from the sea - directly opposite the Club - so I had to swim perpendicular to the current.

No problem. The current wasn't much. I was fresh and happy to be there ... until I noticed that my pilot had disappeared. He was a skilled rower and had promised to stick close. I worried. What happened?

Luckily, I had a backup pilot in a kayak. I asked him to move to my left so I could see him when I breathed. I wanted to begin that way because the sun was going to rise on my left. I would then switch sides so I wouldn't have to face the sun. I needn't have bothered. On September 7, the sun never broke through the chilly overcast.

My boat led me toward a thicket of test pilings off Fisherman's Wharf and through the opening in a semi-circular pair of piers to Aquatic Park. There, I swam between historic ships on permanent display and sailboats anchored for the day. After 35 minutes of swimming - 8 minutes slower than my best time - I landed on the beach at the South End Rowing Club.

My boat-bag, with warm clothes and drinks, was on the missing rowboat so I walked into the Club for spares. Dressed in down, I climbed into the kayak to drink ERG and ride back to Alcatraz.

I started swim #2 at 8:15 in the morning - from the same spot as swim #1 (I recognized a starfish on the cliff.). This time, the

location was appropriate because the flood had petered out. And this time, I had company. Seventy five swimmers from another club started at 8:15 from a cruise ship between me and the City. I passed most of them, finished in 40 minutes, put on jacket and pants, and headed back to Alcatraz.

In swim #3, the tide was going out and the wind was picking up. I headed approximately half-way between the source of the current and the South End Rowing Club. I swam sideways like a crab, seeing Alcatraz with almost every breath. Half-way across, the cold penetrated an old injury; I felt it tense and become sore. I had been celebrating my recovery so I realized my laps were numbered.

That swim lasted 50 minutes. When I reached the beach, I walked - with a little help from my friends - into the South End sauna. I stayed there, stretching and chatting, until I was warm and raring to go.

My original pilot caught up with me in time to help with swim #4. He explained that the 250 pound photographer sitting in his boat had weighed him down so much, he couldn't keep up.

We discussed changing directions for the fourth swim. If I swam from the Club to the Island, the wind would be with me; I'd have a bigger target; it would be an easier swim. But it's scarier to swim toward a dark rock. I'd rather escape from Alcatraz and swim home to a white beach and a Club full of friends. Also, if I got out of the water at the Rock, I'd get cold coming back. So we didn't change anything.

It was a rough ride out to Alcatraz for swim #4. And it was rougher swimming back. There was a strong headwind. The waves tossed me around so much, I couldn't tell what the current was doing. My goggles, which had kept me dry-eyed during 1, 2, and 3, were more like eye-cups in #4. I stopped half a dozen times to empty and adjust them. My pilot suggested I give them to him so I did. I think the sauna didn't agree with them. I didn't miss them. Most of my Bay swimming has been without goggles. One of the advantages of cold salt water is that it doesn't sting the eyes.

I must have been getting tired. I know I was getting hungry. I remember thinking, "I'm happy with four. That's twice as many Alcatrazes as anyone else has done in one day. I don't want to be greedy. If I do any more, it won't be fun." It took me 61 minutes to swim for the fourth time from Alcatraz to San Francisco. ... Four swims in 6 hours, that averages out to a one-thirty interval.

After a leisurely sauna and shower, I joined my friends in the cook shack. We picniced, drank beer, and spent the rest of the afternoon talking about making this an annual event.



HOLIDAY SEASON PARTY HELD DECEMBER 7TH

by Steve Hogan

Special thanks to Chuck and Laten Bechtel for serving as hosts and providing the setting for our recent get together. As can be expected when DC Masters party lots of good food and good cheer were enjoyed by all who attended. As we viewed Tom Wolf's inspirational video tapes of long course Nationals (excepting a certain R-rated survival stroke segment), visions of May in Ft. Pierce and championships danced in our heads. The efforts of Dick Cheadle and Mary Parker certainly contributed to make the party a success. Mary provided a jolly impersonation of old St. Nick in the Santa Claus look alike contest, although Sue Schaffer was certainly a close second.

The next get together will be Saturday, May 31st for a picnic/barbeque. Since the December party was held in Virginia, I am looking for a volunteer in Maryland or D.C. to host this one. So please mark those new 1986 calendars and plan to attend. Details and arrangements will be published in a future WAVEMAKER.

**TEAM T-SHIRTS**

Hanes navy blue 50/50 with team logo on front. For those who participated in 1984 Long Course Nationals, shirts are available with imprint on back "1984 Long Course National Champions."

\_\_\_\_\_ Short Sleeve - \$5.00                      \_\_\_\_\_ Long Sleeve - \$8.50

Make checks payable to:    DC MASTERS

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Size (Circle):    S    M    L    XL

\_\_\_\_\_ I participated in 1984 Long Course Nationals

Send order to:            Ann Svanson  
                                 1312 Seaport Lane  
                                 Alexandria, VA 22314

*Deadline for next WAVEMAKER -- February 1  
Jill Hoover 2509 Arlington Blvd #302, Arlington VA 22201*

LANE 5

by Dick Cheadle

First and foremost, I would like to personally thank Carlyle Carpenter for handling this column space while I have been hard at work on the new Broadway Musical about the DC Masters swim team. I thought his articles were thought-provoking and well researched. He tells me he's working on a poem about the team, which should be completed two issues from now. We should all look forward to that.

The Play.....I have written what I consider to be very probably the finest Broadway Musical ever...better than "Annie", better than "Apocalypse Now", better than "Oklahoma", better than any of them.. And for what?.....here sits the show, mired in a financial bog that may not surmountable, without your help..More on that later...In the meantime, the show is going nowhere, as the chief (and only) financial backer of the show, my very good friend Anthony ("Tony Trigger") Triglieri of Jersey City, has had to withdraw financial support from us until he can get some personal matters at home straightened out, namely, a Federal indictment. Tony assures me that the ninety-seven count (murder, white slavery, drugs, arson, loansharking, etc.) indictment isn't worth the paper it's printed on and should be cleared up sometime in the future as government witnesses/informants begin to disappear at a computer projected rate of one per week, in a legal process known as Attrition....Meanwhile, here we sit...electricians, stagehands, cast, lighting people, virtually helpless until we can dig our way out of this.

The Cast.....And what a cast it is!!....Listen to this....Tom Selleck has already signed to play John Brannigan, Joan Rivers has already signed to play Joann (The Flower) Lilac, Telly Savalas has signed to play Ed Aimes, Robert Redford has signed to play Tom (The Wolf) Lobo, Mr. T has signed to play Dick Creedle, Tim Conway has signed to play Commando Kelley Lemming, Joan Collins has signed to play Jill Hoopie, Gary Coleman has signed to play Al Al, and the Three Stooges have signed to play the former owners of Fun and Fitness. Additionally, the entire United State 6th Fleet has signed to play the Lone Star Masters swim team.

And now I want each reader of this article to ask themself, "What can I do to help get this project rolling?", and then act immediately. Suggestions: get some high school kid to sponsor you at 20 bucks a lap in a swimathon, then contribute as much as you possibly can yourself. Send all contributions to:

DC Masters Broadway Musical  
c/o CHEADLE/HOOVER Acapulco Fund  
8919 Prince Caspian Court  
Burke, Virginia 22015

The future of the team's show is in your hands.

DON'T MISS THE NEXT WAVEMAKER!!!!...In it there will be something you may only see once in a lifetime, namely a Dick Chadle article totally bereft of silliness, as we must address the problem of declining enrollment in our winter meet, with the resulting loss in team revenues. Lots of statistics will be quoted, and I'm afraid we'll have to take on head to head the arch competitor of Masters Swimming in the area, the Dual Meet League. I would strongly invite any comments on how this problem might be overcome to be directed to me at work (535-5850) or at home (425-1699). Until then.....