



WAVE MAKER

September/October 1986
CALENDAR

- Oct. 12/13 Clinic for Coaches and Swimmers
Dr. Jim Miller, 1417 Johnston-Willis Dr., Richmond VA 23235
 - October 25 York Masters Meet
Call Cal or June Schaeffer (717) 755-5056
 - October 26 Maryland Masters Pentathlon/1000 Meet
 - November 23 Middle Atlantic Masters Blue Hen Pentathlon
Harry Rawstrom W - (302) 451-2259 H - (302) 731-4479
 - November 16 Upper Mainline Y, John Merryman, 328 Abbey Rd, Bryans PA 19312 (215) 644-8241
- Ann Vollmer Svanson has kindly agreed to provide copies of meet announcements if you will send her a self-addressed, stamped envelope and let her know which announcement you want. 1312 Seaport Lane, Alexandria VA 22314. She will also try to keep up with the latest in clinic news. We understand that there might be a clinic in the Valley Forge Area at the end of October. Call her for more information at 549-5562 (before 8 PM please).

 Masters Calendar--The attractive, slick 1987 Masters calendar is ready for purchase. Each month's pictures represent a male and female competitor. January begins in the 25-29 age group and the calendar goes up to Ella Peckham, 80-85. Despite the fact that New England outscored the DC Masters 2 to 0, Joann Leilich heartily recommends the calendar. You may order by sending a check for \$6.00 made out to the Potomac Valley Masters Swimming to Joann at 4913 Kingston Drive, Annandale, VA 22003 by October 20.

SPRINTS by Ann Vollmer Svanson

We wish to express our sorrow to two team members who have recently experienced the death of relatives, Minna Hamner, whose husband died in August, and Mary Parker, who lost her parents this summer. We were glad to see them both at the August meet and wish them well during this difficult time.

Good luck to Jayne Bruner who has moved to Mexico City for the next few years. Her husband, an executive with PPG, has been transferred there. We wish Jayne well with her high altitude training.

Congratulations to Julie Billingsley for her third place finish in the Columbia MD

D C MASTERS EAST COAST CHAMPTONSHIPS

by

Dick Cheadle

A couple of Wavemakers ago I wrote an article about the declining attendance at our winter meets. I stated that there were probably several reasons why the meets weren't particularly well attended, with the chief culprits being, in my own humble opinion, lack of proper preparation, and lack of hype. Outside of the Wavemaker, the meets were among some of the best kept secrets in the Washington area, including Langley.

Looking at the long range national schedule last fall, we realized that with Long Course Nationals being held in Oregon, there would probably be a lot of people in the East and Northeast who would prefer to swim their peak meet of the summer in D.C., instead of travelling all the way to Portland. With this in mind, we agreed to attempt to host a Supermeet the weekend before Nationals, so as not to conflict directly with it. Nine months worth of preparation would go into it, and it would be hyped to the max. If we made money, fine, but the ultimate object was to offer a First Class quality product that would draw people from all over, and that would enhance our already fine reputation as a quality organization.

And we did it.

In spades.

But it wasn't easy.....We began in November by renting the Hains Point pool from the D.C. Department of Recreation. Working with the D.C. Dept of Recreation on this meet for nine months was sort of like trying to carry a pickup truck through quicksand...in the end, however, they came through with everything they'd promised, except tables to run the meet. Knowing how they work, they definitely could be worked with again....Then in the Spring, the tempo picked up. Steve Hogan drafted a beautiful advertising flyer, and we had it distributed from Florida to Maine.....by early summer we were going full blast....Meet Committee meetings that lasted well past midnight, the renting of a computerized Colorado Timing System that we had never used before, the activation of the telephone committee to solicit every member of the team for assistance in timing and running the meet, the successful requesting of standby paramedics from the D.C. Fire Department, meet announcements printing and mailing, the hiring of Roger Chen to computerize heat sheets and computer print results that were posted literally within minutes of the finish of an event, the finding of a meet hotel for out-of-town participants, awards, P.A. system, signs, you name it.

And it finally paid off on August 16-17 with one of the finest, best run meets our team has ever been involved in.... 270 entries....all kinds of swims that will obviously be top ten times.....squads of D C Masters helping out in every way imaginable (no sense naming names, this article would be eleven pages long)lots and lots of compliments from the participants.....even a modest profit for the team treasury, somewhere very roughly in the \$1,000 dollar range, although the final figures are not in.....

And so we did it. We undertook a challenge the scope of which we had never attempted before, and pulled it off. We pulled together so hard as a team that we made it work. So lets have a giant HATS OFF to anybody who did anything to help make this meet go. Believe me, we needed you.

And the beauty of it is, the same meet would be much easier to reproduce some time in the future, having been through it once.

1986 Long Course Nationals

By Ann Svanson

A small but nonetheless enthusiastic and strong group of seven DC Masters went to Long Course Nationals in Portland last month--Dave Audley, Jayne Bruner, Jorge Gonzalez, Mary Lathram, Mimi Lee, Scroggie Wiley and myself. Reports of the last Nationals held there were not encouraging, but I guess the Oregonians (pronounced Ore-gun-ians according to a guide we were given) learned from their mistakes. The meet was very well run, moved quickly (or at least as quickly as a long course meet with 1 nine lane pool and 950+ entrants can move) and, best of all, the weatherman cooperated--he sent the rain to Washington. It was hot (broke previous temperature records the first day), but dry, so not uncomfortable.

Aside from the usual amenities received at registration (shampoo, cap, etc.) each swimmer received a computer printed index card listing each event entered with seed time and heat and lane assignment. Each day xerox copies of the previous days results and team standings were sold for \$1.00. The handsome long-sleeve t-shirts, offered in 3 colors, were so popular that they were sold out the day before the meet started, but mail orders were taken for a short sleeve version in the most popular color. They also sold polo shirts, singlets and visors all of which also sold out quickly.

Mary used the excuse of a family reunion to duck out of last three days of competition but did drive 3 hours the first day to make a few points for us. She took 2nd in the 200 back and 3rd in 50 free. She tried to stick around for the 400 free but the first day was a long one and to do so would have meant a long drive after dark.

Mimi, having succeeded in her goal to make Top Ten in all short course events this year, and wanting to do the same in long course, entered all those events she had not swum at the DC Masters meet the weekend before. They weren't necessarily her best events, but she said, "I did manage to place in all." She was 8th in the 50 back, 4th in the 100 back, 3rd in the 200 back, 5th in the 50 free, 4th in the 100 free, and 2nd in the 200 breast. During the meet Mimi took part in a study which was attempting to determine whether any exercise, weight-bearing or not, contributes to prevention of osteoporosis. (Jayne and I were "DQ'd" from the study because we do weight-bearing exercise.) Mimi was told she had the bones of a 40-year-old, but most likely it was because she had good parents.

Jayne, who was preparing to move to Mexico City the next week and is uncertain about her swimming future, had a phenomenal meet, breaking the National records in all events she swam and setting new world records in five of them. In the backstroke events, Jayne had some stiff competition from Juanita Correa, especially in the 100 where it was so close that until the

results were posted, we weren't sure who had really won, but those 45,000 yard weeks paid off and Jayne came away again undefeated.

Scroggie drove up from Northern California with his family and took advantage of the availability of parking for campers in the parking lot adjacent to the pool. He placed in all events he entered--50 free (6th), 100 free (6th), 50 back (6th), 100 back (5th), 50 breast (6th), 100 breast (8th). It was not as good as he had hoped, but better than he expected considering he doesn't swim any long course meets.

For Dave, Jorge and I, the freestylers, this meet was especially memorable--each of us won his/her first individual national championship. Dave was first in the 200 and 400 and Jorge and I each won the 1500. With Dave and Jorge competing in the same (extremely competitive) age group but with strengths in different distances, DCM racked up a fair number of points. Dave was 2nd in the 100, 4th in the 1500, and 8th in the 50, while Jorge was 4th in the 400 and 6th in the 200. I, too, had concentrated on the freestyle this summer (I swam only one backstroke event at Nationals) and consequently my time in each event was a best--by a fair amount--and I placed in every event, even the 50 (6th). I was 4th in the 100, 3rd in the 200, 4th in the 400, and 5th in the 100 back.

One of the highlights of Nationals has always been the relays and this was true in Portland, too, but the excitement was of a different nature. Because of the uncertainty of who was going to Portland, we had only entered the two mixed relays with 120+ teams. It turned out that our youngest swimmer was 37 and we made an attempt to get the age group changed. We were told that we could--by three officials. It was decided that Jayne, Dave, Jorge and I would swim the medley relay. Although Dave had a business appointment that afternoon in Beaverton (a 45 minute drive), he hoped that if traffic wasn't too bad, he might be able to make it back to the pool in time. Jayne, Jorge and I waited and had just about given up hope of him getting back in time, but as the first heat went off, Dave drove into the parking lot (we were in the 2nd heat). He was changing into his suit while I was finishing the backstroke leg and Jayne started the breast. He made it to the blocks just seconds before Jorge finished the fly! If Dave had been anything but a freestyler, we wouldn't have made it! The relay ended up being scored as a 120+ but did manage eighth place. The excitement had been so great that any other relay (especially when we were competing against "youngsters") would have been disappointing, so we scratched the freestyle relay (besides 3 of us were swimming the 1500 the next day also).

In the final point tally, DCM placed 16th with 230 points. The top three teams were Oregon, Pacific Northwest, and Walnut Creek. And in case any of you are interested (Joann Leilich), New England was 11th with 321 points, but had twice as many swimmers as DCM.

DC Masters on 1986 Short Course Top Ten List (*All American)

WOMEN

- 30-34: Jacki Hirsty - 50 Free, 100 Free, 200 Free, 500 Free, 1000 Free, 100 Fly, 100 IM, 200 IM
Elaine Hochuli - 1000 Free, 1650 Free, 50 Fly, 100 Fly, 200 IM
Sue Skiff - 50 Back, 100 Back, 50 Fly, 100 Fly, 200 IM
- 40-44: Sue Herrington - 50 Free, 100 Free, 50 Back, 100 Back, 50 Fly, 100 IM
Jan Brand - 50 Free, 50 Back
Ann Svanson - 200 Free, 1000 Free, 1650 Free
- 45-49: Joann Leilich - 200 Free, 1650 Free, *50 Breast, *100 Breast, *200 Breast, 100 IM, 200 IM
- 50-54: Jayne Bruner - *50 Free, *100 Free, *200 Free, 1650 Free, *50 Back, 100 Back, *50 Breast, *100 Breast, *200 Breast, *50 Fly, *100 Fly, *100 IM, *200 IM, *400 IM
Betty Brey - 50 Fly, 100 Fly, 200 Fly, 100 IM
- 65-69: Mimi Lee - 50 Free, 100 Free, 200 Free, 500 Free, 1000 Free, 1650 Free, 50 Back, 100 Back, 200 Back, 50 Breast, 100 Breast, 200 Breast, 50 Fly, *100 Fly, 200 Fly, 100 IM, *200 IM, 400 IM
Helen Hummer - 50 Free, 100 Free, 200 Free, 50 Back, 50 Fly, 100 Fly, 200 Fly
- 70-74: Nancy Clark - 50 Free, *100 Free, *200 Free, 500 Free
Mary Lathram - 100 Free, 1650 Free, 50 Back, 100 Back, 200 Back
- 75-79: Elsa Mattila - *50 Free, 100 Free, 200 Free, 500 Free, *50 Back, *100 Back, *200 Back, *50 Breast, 100 Breast, 200 Breast, *100 IM, *200 IM, *400 IM

MEN

- 25-29: Mike Makarczyk - 50 Free, 200 Free, *50 Fly, 100 Fly, *200 Fly, 100 IM, 200 IM, 400 IM
Matt Kanzler - 50 Breast, 100 Breast, 200 Breast
- 30-34: Ted Kanamine - 200 Free, 500 Free, 100 Fly, *200 Fly, 200 IM, 400 IM
Jim Densmore - 200 Free, 200 Fly, 200 IM, 400 IM
Tom Wolf - *50 Back, *100 Back, *200 Back, 100 IM, 200 IM, 400 IM
Gerard von Hoffmann - 50 Breast, *100 Breast, *200 Breast, 100 IM, 200 IM
Jay Fissette - 200 IM, 400 IM
- 35-39: Dave Audley - 200 free, 500 Free, 1650 Free
John Flanagan - 1650 Free, 200 Fly
Jorge Gonzalez - 1650 Free
- 40-44: John Flanagan - 100 Free, 200 Free, 500 Free *1650 Free, 100 Fly, 200 Fly, 200 IM
Dave Lyons - *100 Free, *200 Free, 500 Free, 1650 Free, 100 Fly, 200 Fly
- 45-49: Chuck Bechtel - 50 Free, 100 Free, 50 Back, 100 Back, 100 IM
Peter Sintz - *200 Free, *500 Free, *1650 Free, 100 Fly, 200 Fly
Art Smith - *50 Back, *100 Back, *200 Back George Worthington - 50 Fly
- 50-54: Skip Monsein - 50 Back, 100 Back Larry Cohen - 50 Back
- 55-59: Ed Emes - 100 Fly
- 60-64: John Woods - 50 Free, 100 Free *200 Free, 500 Free, 1000 Free, 100 IM, 200 Im, 50 Back, 200 Back, 200 Breast, 50 Fly, 100 Fly
- 65-69: Scroggie Wiley - 50 Free
Frank Murphy - 1650 Free

70-74: Kelley Lemmon - *50 Free, *100 Free, *200 Free, 1650 Free,
 50 Back, 50 Breast, 100 Breast, 50 Fly, *100 Fly, *100 IM,
 *200 IM
 Bill Fite - 50 Back, 100 Breast, 200 Breast, 100 Fly, 200 IM,
 400 IM
 Bert Kassell - 100 Fly
 75-79: Dave McAfee - 50 Free, 100 Free, *200 Free, *500 Free, 1650 Free,
 50 Back, 100 Back, 100 IM

Observations on Top 10

Mimi Lee made the list in every event.

John Flanagan made the list in two age groups. In the 1650 he was 10th as a 39 year old and 1st as a 40 year old.

In the Men's 30-34 age group in the 200 IM, 5 of the Top 10 were DC Masters.

In the 400 IM in same age group, 4 of the Top 10 were DC Masters.

Jayne Bruner was All American in all but 2 of the 14 events in which she made Top 10. At least she's got a little competition.

Sue Herrington made the list for the first time--and this was her first season in Masters Swimming.

38 team members made Top Ten List of which 16 were All American.

Patches for All American are \$5.00 and are available from the USMS National Office, 5 Piggott Lane, Avon, CT 06001. Top Ten Patches are \$5.00 and include one stroke bar in which you qualified. Additional stroke bars are \$1.00. You may order patches from previous years. Send your name, address, age-group event(s) and year and check to Harry Fox, 710 Oxford NE, Massillon, OH 44646

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SCM (25m) available September
M.S.I. TOP TEN Patch for those who qualify-Year
age group	<u>For office use</u>
event	Date rec'd.....
Your name	Amount \$.....
Address	Mailed
.	
Please make your check payable to: MARGARET SAMSON	Payment should be in US dollars.

by Dick Cheadle

REVELATION

OK, I guess its time to answer some questions.....questions like, "Who the hell is Carlyle Carpenter?"....."Why haven't I ever seen him?"..... "Why hasn't anyone I know ever seen him?"....."Why isn't he ever at any meets or parties?"....."Why does mail sent to his address sometimes come back marked 'Unknown address' ?"....."Is there really a Carlyle Carpenter?"

Yes, there is. Of course there is. But perhaps not in the exact same flesh and blood and muscle and fiber sense that there's a Jimmy Densmore or a Joann (The Flower) Leilich. (Or even a John Flanagan.) You see, Carlyle Carpenter is the spirit of the D C Masters Swim Team, sort of like Santa Claus is the spirit of the Holiday Season. (Sorry Art, but you had to find out sometime). So the next time you're in a big relay, and it looks like its going to be close, hey, not to worry, 'cause there's five of you, and only four of them, 'cause old Carlyle's going to be riding down the lane with you, just over your right shoulder blade, hollering encouragement all the way.

In his own sort of way.

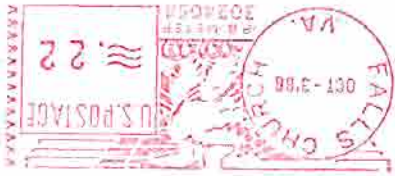
In other news, over the next few weeks, or maybe even months, the Executive Counsel of the D C Masters team is going to attempt to write a Constitution, to replace the one we've never had. For personal reasons I'm going to be absent from D C Masters Executive Counsel business for a period of time, perhaps an extended period of time. I have already presented some thoughts I had on the new Constitution to some of my friends on the Counsel, and I urge anyone reading this that might have specific thoughts on a new Constitution to any of the members of the Counsel (Smith, McAfee, Lyons, Kirkendall, Newman, Hoover, Leilich, Griffin, Young, Kassell, Ruppert, Lemmon, Svanson, Hogan, Parker, et al). If a new Constitution can be agreed on, it will be presented to the full membership for approval.

In the meantime, the Wavemaker will be looking for articles in the silliness category, ranging from partial silliness to total silliness. If you've got an idea, do it, even if it takes a couple of pops to get started.

Until then.....

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